

4.2.3. Tools and techniques to use in a co-creation process

Name of the technique: **Theatre of the Oppressed**



Minimum number of participants: **2**

Maximum number of participants: **30**

Objective of the technique:

Make participants aware of the oppressive forces that act upon them, by deconstructing power structures

Specific context requirements:

- Enough physical space for theatrical production
- No physical space between "actors" and "audience"
- Existence of a neutral facilitator
- Safe environment for sharing personal ideas and experiences

Instructions step by step:

A member of the audience shares a personal or closely related experience that has a negative impact in his/her life, or:

- The facilitator divides the groups into sub-groups and they list the daily conflicts they consider the most disruptive. They share the list in plenary
- Each sub-group selects a conflict and they prepare a narrative that reflects their selected conflict. The scene is presented in front of the audience, who can stop it whenever they want to include modifications
- The audience's suggestions should include potential solutions to the conflict, which are to be dramatised by actors

Required materials:

- Imagination
- Pens and paper
- Prompts related to the problem
- Music/sound system

Advantages:

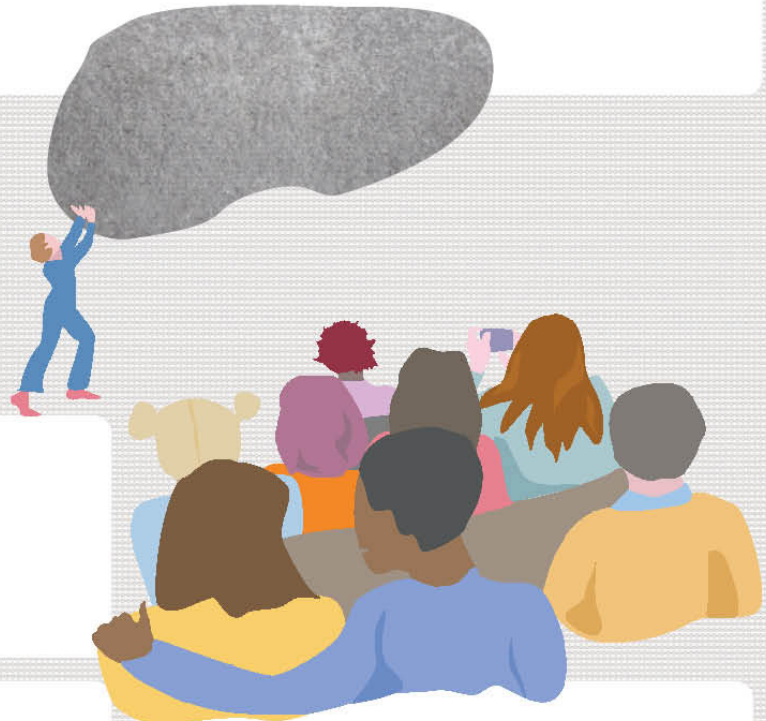
- Increases solidarity and awareness
- Fosters empowerment
- Creates empathy towards the oppressed
- Encourages creative solutions

Disadvantages:

- Participants with no theatrical experience may be reluctant to enact their scene

When to use:

- Interpersonal conflict. Eg. harassment, gender bias in the classroom



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